

Counseling Department

The Rosary Academy Academic & College counseling department actively supports the school's mission by providing intentional support to develop students' academic, college/career, and personal/social knowledge and skills; to empower our women to reach their fullest potential; and to become positive, contributing members of society.

Our Counselors:



Mrs. Christine Lee, M.S., PPS
Academic and College Counselor
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Ms. Katie Marquez, M.S., PPS
Director of Social & Emotional Learning
Academic and College Counselor
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Mrs. Elizabeth Sanchez, M.S., PPS
Academic and College Counselor
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Mrs. Michelle Moore
Registrar and Counseling Assistant
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Mrs. Kristin Crowley, M.S., PPS
Academic and College Counselor
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Social & Emotional Learning (SEL)

Rosary Academy is committed to supporting the social emotional needs of our students by fostering a safe, caring, empathetic environment where we believe in each other, respect diversity, communicate openly, grow together, and hold each other to high expectations to become the leaders and innovators of the future.

The Director of Social and Emotional Learning, counseling department, nurses, and campus ministry are always available to help if your student needs personal, social or emotional support. Effective social-emotional learning (SEL) is a transformative and evidence-based educational process that teaches children the mental skills that will develop fundamental skills for life; significantly reduce emotional stresses that lead to mental health disorders, violence and addiction; improve problem-solving skills; enhance empathy; raise academic test scores; and increase resiliency. SEL teaches the skills we all need to handle ourselves, our relationships, and our work effectively and ethically.

Following the Collaborative for Academic, Social, and Emotional Learning (CASEL) framework, these skills include:

- self-awareness: understanding one's own emotions, thoughts, and values and how they influence behavior across contexts
- self-management: managing our emotions
- social awareness: developing caring and concern for others
- relationship skills: establishing positive and health relationships
- responsible decision making: handling challenging situations constructively and ethically

Social-Emotional Counseling:

- Provides a safe and confidential space with a Licensed Professional Clinical Counselor (LPCC) for students to discuss personal concerns that interfere with school success and provide referrals to outside counseling services as needed.
- Gives emotional and practical support for students struggling with time management, stress, and anxiety.
- Assists students in developing and strengthening the 5 core SEL skills (self-awareness, self-management, social awareness, relationship skills, and responsible decision making).
- Uses a team approach, where students are supported spiritually, socially, and emotionally with counseling, campus ministry, the nurses, the dean, and faculty and staff.
- Works alongside parents to provide a range of resources and referrals to support our Royals in meeting the challenges of adolescence through prevention, early intervention, and education.

Our Academic & College Counselors work closely with the Director of Social & Emotional Learning to assess and refer students to the appropriate professionals when necessary.

If you have questions or concerns about your student's social and/or emotional health, please contact Katie Marquez, Director of Social & Emotional Learning.



Ms. Katie Marquez, M.S.,PPS

Director of Social & Emotional Learning

Academic and College Counselor

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